

CATALINA FOOTHILLS WRESTLING CAMP!

MONDAYS, SEPTEMBER 9 -OCTOBER 28 4:00-5:00PM

NO SESSION SEPTEMBER 16 AND OCTOBER 7



Learn the fundamentals of wrestling with CFHS Coach Gabriel Maynes.

There will be beginner and advanced technique sessions going over take-downs, pinning combos, and bottom position escapes.

Anyone who wants to get into wrestling or focus on a technique will not want to miss this clinic!