

67\$

# CFHS TRACK & FIELD CAMP



COACH FARLEY & THE CFHS TRACK & FIELD COACHES

MON - THURS  
JAN 8 - FEB 5  
NO MLK DAY (JAN 15)

TIME: 3:45PM - 5:30PM

Use this preseason track & field camp as a great way to get in shape for the upcoming season! Join us for strength training, conditioning, and technical event training for all event groups. This is a great opportunity to train with the Catalina Foothills Track & Field coaching staff.



ENROLL NOW!  
CS-CFSD16.ORG

## ALL SKILL LEVELS WELCOMED!

CATALINA FOOTHILLS Community Schools



[cs.cfsd16.org](http://cs.cfsd16.org)



Enrollment Questions?  
Call 520-209-7562



CFHS FOOTBALL FIELD