

CFHS



CATALINA FOOTHILLS
HIGH SCHOOL

AFTER SCHOOL OFFERINGS

Begin January 2024

ENROLL NOW!

CS.CFSD16.ORG

CATALINA FOOTHILLS Community Schools



ENRICHMENT



OUTDOORS



C.A.R.E.



VALLEY VIEW

QUESTIONS?

EMAIL JNOYCE@CFSD16.ORG OR

CALL 520.209.7562

CFHS DRUMLINE WORKSHOP

GRADES
8 - 12

PRACTICE DATES:
JANUARY 16, 23, 30
FEBRUARY 6
4PM - 5:30PM

Are you interested in joining the
CFHS Drumline and/or Band?
Enroll in this workshop to
practice your skills &
prepare for auditions!
Drumsticks and pad required.

ENROLL NOW!

cs.cfsd16.org



cs@cfsd16.org



MEET IN
THE
CFHS BAND
ROOM

\$46

AUDITIONS:
MARCH
13 & 14
4PM - 5:30PM



ENROLLMENT INSTRUCTIONS

ARE FOUND AT:

<https://communityschools.cfsd16.org/home/school-programs/cfhs>

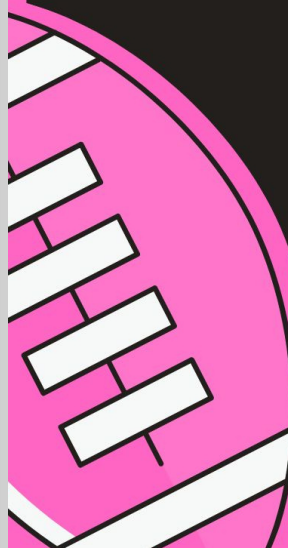


COMING APRIL 2024!!!

CFHS POWDER PUFF!

DETAILS OUT SOON!

SENIORS VS. JUNIORS



6
7
\$

CFHS TRACK & FIELD CAMP



**COACH FARLEY & THE
CFHS TRACK & FIELD
COACHES**

**MON - THURS
JAN 8 - FEB 5
NO MLK DAY (JAN 15)**

TIME: 3:45PM - 5:30PM

Use this preseason track & field camp as a great way to get in shape for the upcoming season! Join us for strength training, conditioning, and technical event training for all event groups. This is a great opportunity to train with the Catalina Foothills Track & Field coaching staff.



**ALL SKILL LEVELS
WELCOMED!**

**ENROLL NOW!
CS-CFSD16.ORG**

CATALINA FOOTHILLS Community Schools



cs.cfsd16.org



Enrollment Questions?
Call 520-209-7562



CFHS FOOTBALL FIELD



Speed & Agility Camp

**GRADES
9 - 12**

SESSION 1

4:00PM - 6:00PM

MON, TUES, THURS

SESSION DATES:

JAN 8 - FEB 1

NO MLK DAY - JAN 15

SESSION 2

4:00PM - 6:00PM

MON, TUES, THURS

SESSION DATES:

FEB 5 - MAR 14

NO RODEO - FEB 22

SESSION 3

4:00PM - 6:00PM

MON, TUES, THURS

SESSION DATES:

APR 1 - APR 26

\$65
PER SESSION



**CATALINA FOOTHILLS
HIGH SCHOOL**



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QUESTIONS?

520-209-7562

DO YOU WANT YOUR ATHLETE TO WORK TOWARD IMPROVING AND INCREASING THEIR BODY MECHANICS, MUSCLE RESPONSE TIME, CONDITIONING, AND OVERALL SPEED AND AGILITY? COME OUT AND JOIN COACH DANIEL SAINZ AND HIS FALCON STAFF IN HIS COMMUNITY SCHOOLS CAMP! ATHLETES WILL BE TESTED AND TIMED ON VARIOUS DRILLS AND EXERCISES THROUGHOUT THIS CAMP, WHILE IMPROVING THEIR OVERALL ATHLETIC CONDITIONING THROUGH GOAL SETTING, DETERMINATION, AND HARD WORK.

Driver's Training

With
 **& GO**
Driving School

\$50

Join Stop and Go Driving School from 9am-2pm (HS. 2, RM. 411) for the classroom session. The classroom sessions include everything you need to know to pass the Arizona State Permit Test and road test, as well as useful information you can use for the rest of your life. To schedule or complete a behind-the-wheel driving session package, you must have valid Arizona Instructional Permit or valid Driver's License (from any US state). If you complete 10 Hours of Behind-the-Wheel driving with our State Certified Trainers, you will **BYPASS** the road test at the MVD and go directly to get your license. **NO Road test!**

To view details and sign up for the Behind-the -Wheel Sessions, go to:
<https://tucsonstopandgodrivingschool.com/drivers-education/>

ONE DAY ONLY!

3 SESSIONS TO CHOOSE FROM:

January 27, 2024

March 16, 2024

May 4, 2024

CLASS TIME:

9AM - 2PM

LOCATION:

CFHS - HS. 2, RM 411

ENROLL NOW!

at cs.cfsd16.org



cs@cfsd16.org

